



BINDER REMINDERS

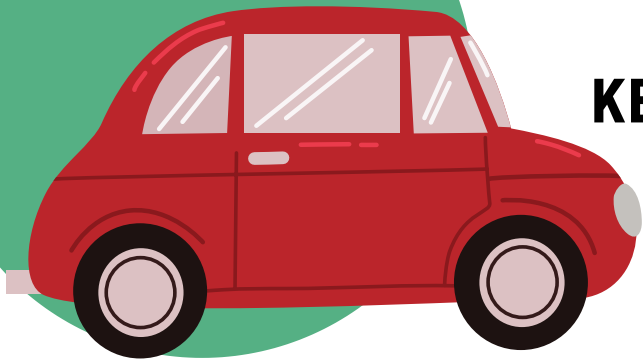
**KEEP YOUR PHOSPHORUS BINDERS
WHERE YOU CAN SEE THEM.**

**DIALYSIS PATIENTS THAT SUCCESSFULLY
KEEP THEIR PHOSPHORUS IN GOAL OFTEN
MENTION THE SAME THING:**



***THEY PLACE THEIR BINDERS WHERE THEY SIT
DOWN TO EAT.***

OTHER REMINDER IDEAS:



KEEP A STASH IN YOUR CAR



OR BY YOUR FAVORITE CHAIR

SET DAILY MESSAGES/ALARMS ON YOUR PHONE



LEAVE NOTES ON YOUR FRIDGE

