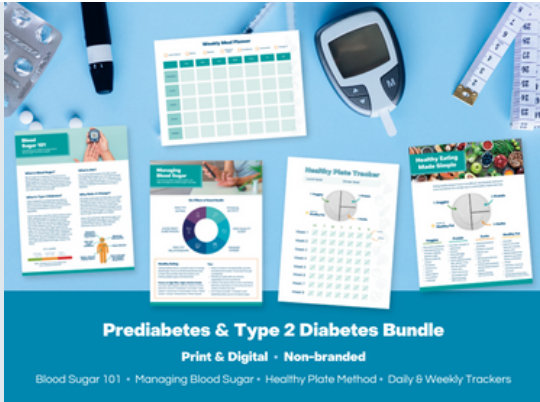


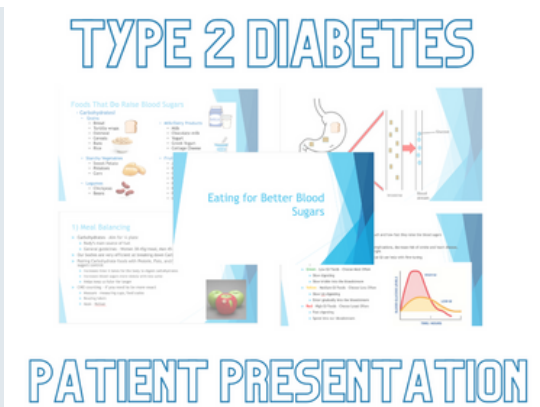
# Top 25 - Bestselling Resources

## for Health and Wellness Professionals



### BLOOD SUGAR BUNDLE

For adults with prediabetes or diabetes. Tackles the essentials of understanding blood sugar and impact of food and diet.



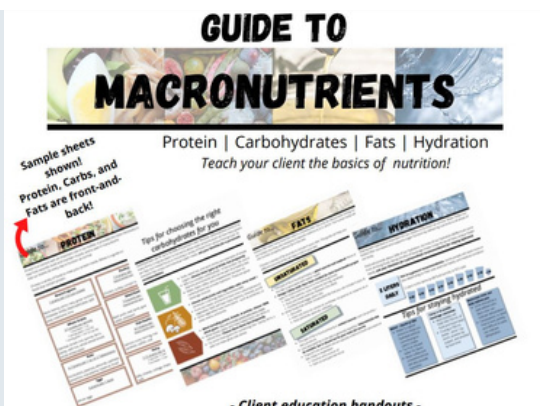
### TYPE 2 DIABETES PRESENTATION

Eating for Better Blood Sugars covers the basics in an easy to understand and visually appealing way.



### DIABETES PLATE - LOW LITERACY

Simplify teaching for all education levels with this picture-based approach to diabetes nutrition principles.



### GUIDE TO MACRONUTRIENTS

This versatile set of macronutrient teaching tools will be your frequent companion in client sessions. An essential!

- Client education handouts -



Set of 4 customizable, ready to use **Intake Form Templates** for private practice



www.hello-neon.com

# NEW CLIENT FORMS BUNDLE

Set of 4 forms in easy-to-edit document format. Handle insurance verification and office policy agreements with ease.



Financial Tracking for your Private Practice

Track your income and overhead expenses. Keep track of all your finances with this one easy to use spreadsheet. Made on google sheets, fully editable to adjust to your business tracking needs.

Video tutorial & extra support provided

Includes monthly trackers, overall summary of net income, monthly fixed/variable expenses tracker.

Customizable Sheets to track your income and overhead

# FINANCIAL TRACKER

track your income and overhead expenses. Keep track of all your finances in this easy-to-use spreadsheet. Fully editable format.

**complete client form bundle**

Specifically for Practice Better

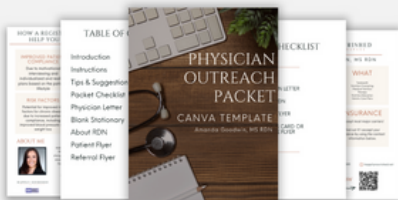
No PDF to download! Get **form codes** to embed **directly** into your PB account!

Use with the **FREE PB plan!**

# PRACTICE BETTER BUNDLE

“She thought of everything!” This bundle of Practice Better templates makes setting up your intake process a breeze!

PRINTABLE | CUSTOMIZABLE  
**PHYSICIAN OUTREACH PACKET**



Physician Outreach- No More Cold Calls Instructions-Tips-Letter/Materials  
CUSTOMIZABLE TEMPLATE- ADD YOUR OWN BRANDING

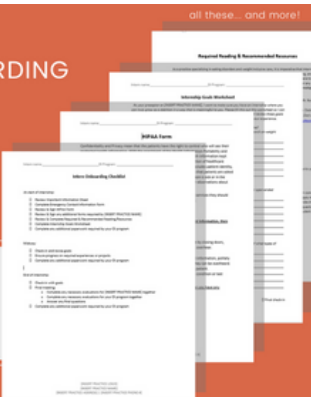
# PHYSICIAN OUTREACH PACKET

Cultivate referrals with confidence. Communicate your value with letter template and customizable flyer.

**INTERN ONBOARDING TOOLKIT**

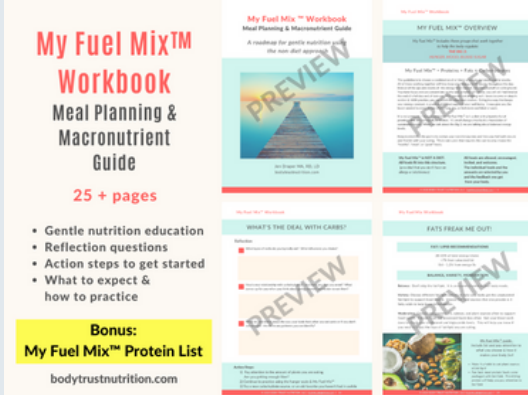
Confidently precept dietetic interns as a weight inclusive registered dietitian.

- Created by a HAES RD & preceptor
- Personalize it! This product is white-labeled.



# INTERN ONBOARDING TOOLKIT

Bring an intern onboard your private practice with ease. Set goals, cover HIPAA requirement and share resources.



# GENTLE NUTRITION MEAL PLANNING

Teach meal planning without sounding like another diet. Teach and engage clients in learning gentle nutrition.

## Mindful and Intuitive Eating Toolkit: *The practitioners guide*

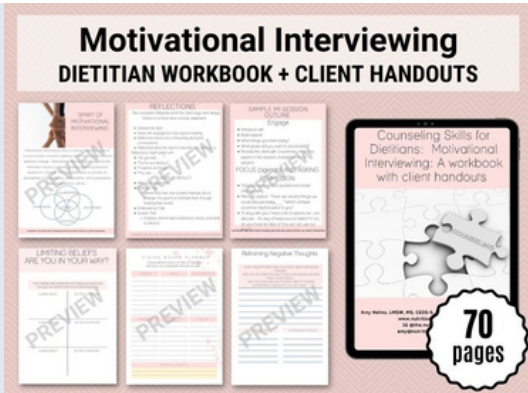
Toolkit Includes:

- 60-min presentation for self-study or to deliver to clients or groups
- Includes speaker notes to reduce prep time!
- Mindful eating workbook to use one-on-one with clients



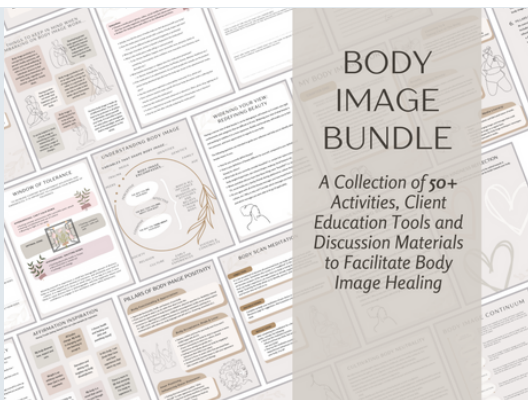
# MINDFUL EATING TOOLKIT

Explain with ease - this presentation features comprehensive speaker notes and a workbook for your clients.



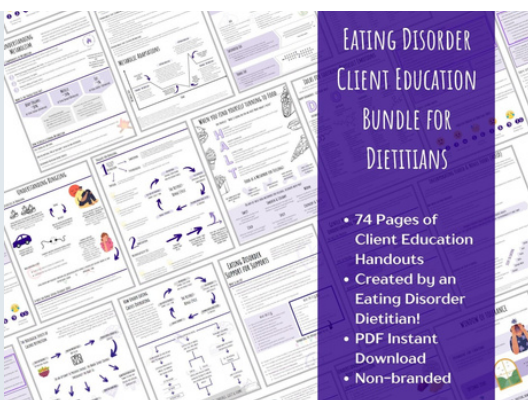
# MOTIVATIONAL INTERVIEWING

Go beyond understanding the concept and learn how to apply skills to evoke change talk with your clients.



# BODY IMAGE BUNDLE

With over 50 activities and discussion materials, this bundle offers a streamlined approach to body image work for dietitians.



# EATING DISORDER RECOVERY

Crucial concepts to take your clients through the early stages of recovery. A 74-page educational handout package.

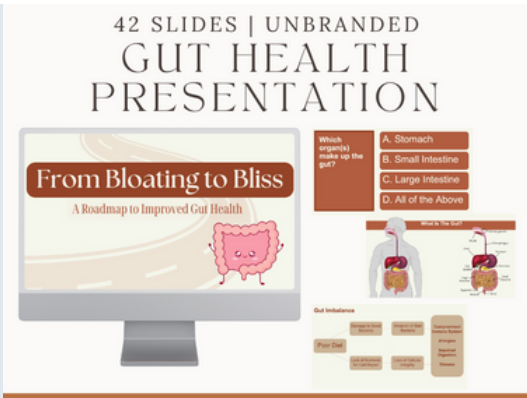


## Tummy Tamer Kit: 60 pages+ bonuses

Resources for a range of GI concerns: IBS, Celiac, Crohn's, Ulcerative colitis, GERD, lactose intolerance, bloating, diarrhea, diverticulosis, gastroparesis, gas, EPI, a low FODMAP diet and more

# TUMMY TAMER KIT

Digestive troubles are common. Have the strategies, tips and recipes at your fingertips (gluten-free, low FODMAP, GERD and more!)



## 42 SLIDES | UNBRANDED GUT HEALTH PRESENTATION

# GUT HEALTH

"From Bloating to Bliss" is your answer to any opportunity to speak to a group about the microbiome or healing gut conditions.



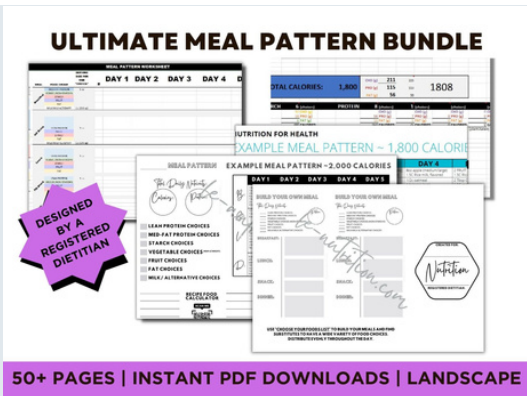
## COMPREHENSIVE DIGESTIVE DISEASE SERIES

All the handouts you need to boost your weight-inclusive GI practice

**Beth Rosen**  
MS RD CDH  
EATING ATTITUDES™ AND GUT EXPERT

# DIGESTIVE DISEASE HANDOUTS (WEIGHT INCLUSIVE)

All the handouts for a GI nutrition practice without any "weighty" language.



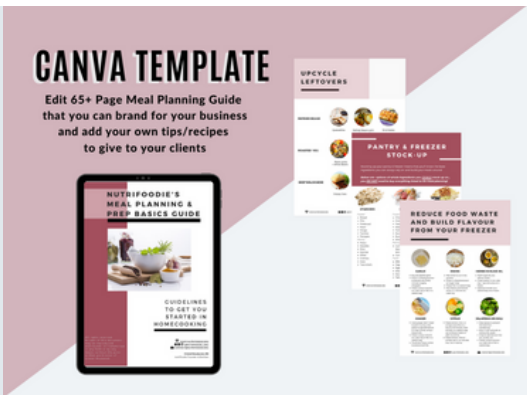
## ULTIMATE MEAL PATTERN BUNDLE

DESIGNED BY A REGISTERED DIETITIAN

50+ PAGES | INSTANT PDF DOWNLOADS | LANDSCAPE

# MEAL PATTERN BUILDER

It's THE ONE you've been looking for to create pattern meal plans with ease. Spreadsheet and educational tools included.



## CANVA TEMPLATE

Edit 65+ Page Meal Planning Guide that you can brand for your business and add your own tips/recipes to give to your clients

# MEAL PLANING & COOKING BASICS

Have the basics of meal planning (5-step process) all in one place. This 68-page Canva template is easy to edit.

## A LOOK AT LIPIDS



# LIPID PANEL

A lipid panel provides clients with lots of information. Making sense of the data is the key to action. “A Look at Lipids” gets it done!

## Heart Health Client Education Package



# HEART HEALTH HANDOUTS

This comprehensive package includes detailed handouts on fat, fiber, cholesterol, glycemic index, snacking and more.

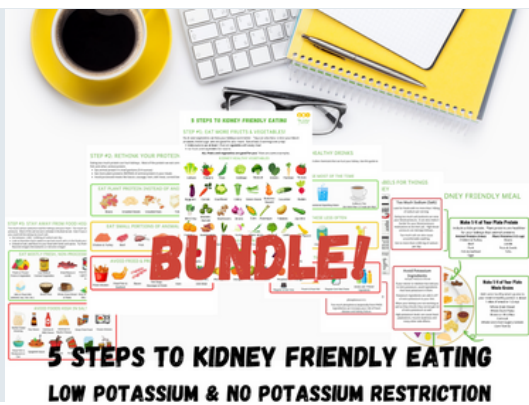
## PLANT-BASED DIET FOR CKD EDUCATION BUNDLE

15 essential handouts to help your patients understand plant-based eating for kidney health



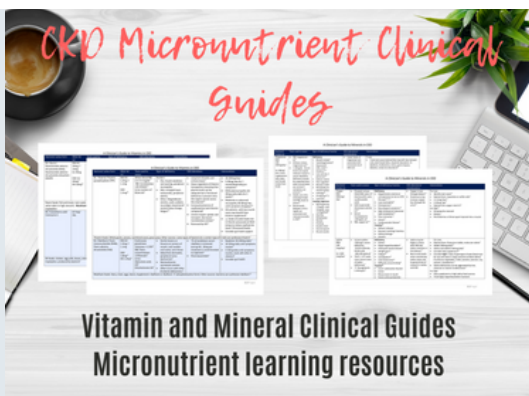
# PLANT-BASED DIET FOR CKD

15 essential handouts to help your patients understand plant-based eating for kidney health. Customize in Canva to suit your needs.



# KIDNEY FRIENDLY EATING

Take the overwhelm out of teaching with this picture-dominant set of handouts. A simple, 5-step approach makes concepts digestible.



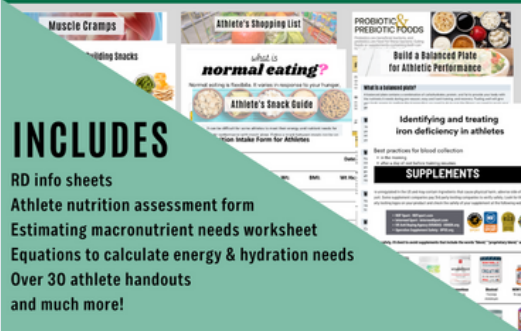
# CLINICIAN'S GUIDE TO MICRONUTRIENTS IN CKD

Reference guide for vitamin and minerals in patients with CKD. Clinical practice pearls.

# Sports Nutrition Bundle

## INCLUDES

RD info sheets  
Athlete nutrition assessment form  
Estimating macronutrient needs worksheet  
Equations to calculate energy & hydration needs  
Over 30 athlete handouts  
and much more!



# SPORTS NUTRITION BUNDLE

The tools you need for working with athletes and teams. Includes 35+ handouts and tools like sample letters and contracts.

# SPORTS NUTRITION CALCULATOR & CHEAT SHEET BUNDLE

Spreadsheet-based calculator saves time and best practices at your fingertips.



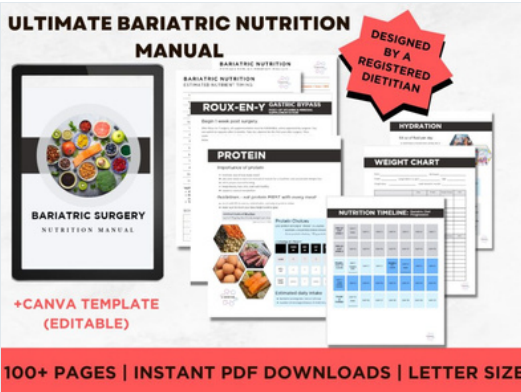
# COMPLETE GUIDE TO PROTEIN

Explain the important role of protein in strength and recovery to your active clients. Recipes and snack ideas aid implementation.



# BARIATRIC TOOLKIT

100+ pages - this is the ultimate resource for bariatric nutrition care. Everything in one place. Customizable Canva templates!



# CLINICAL CALCULATOR

Packed-full of protein and fiber - lists foods they pair well with to make a smart snack.





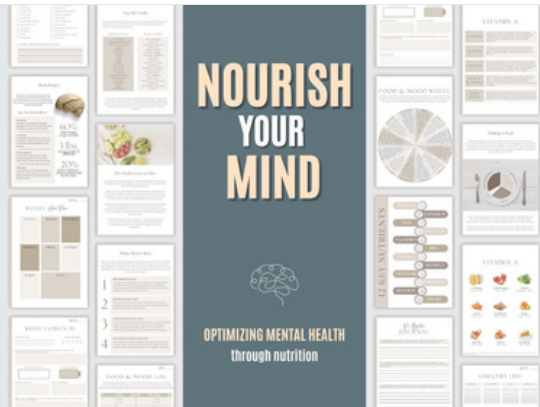
# ANTI-INFLAMMATORY EATING

Featuring a food pyramid, plate method and meal examples and 8-week tracker, this is the perfect getting-started guide.



# THYROID SUPPORT WORKBOOK

Comprehensive guide for those suffering from Hashimoto's or hypothyroidism. Use with clients or as clinical reference.



# FOOD AND MOOD

Explore how diet impacts mood with this nutritional psychology guidebook. Put this brain food toolkit to work today.

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